

45° LEG PRESS

JPL-129

- ◆ 45 degree angle for accurate training. Carriage travels on linear bearing for friction free & smooth performance. Big non-skid high quality rubber foot platform. Ergonomic adjustable seat protects lower back. Inbuilt plate holder allows easy loading & unloading of weight plates. A stopper minimizes risk while performing exercise

- ◆ **DIMENSION:**
Length : 92 inches / 234 cms
Width : 66 inches / 168 cms
Height : 55 inches / 140 cms

- ◆ **MUSCLE WORKED:**
Glutes
Hamstrings

